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DIANA SHIPPING INC. REPORTS FINANCIAL RESULTS FOR THE FOURTH QUARTER AND YEAR ENDED DECEMBER 31, 2023; DECLARES CASH DIVIDEND OF \$0.075 PER SHARE FOR THE FOURTH QUARTER 2023; ANNOUNCES THE SALE OF A CAPESIZE DRY BULK VESSEL, THE M/V HOUSTON

ATHENS, GREECE, February 23, 2024 – Diana Shipping Inc. (NYSE: DSX), (the "Company"), a global shipping company specializing in the ownership and bareboat charter-in of dry bulk vessels, today reported net income of \$9.4 million and net income attributed to common stockholders of \$7.9 million for the fourth quarter of 2023. This compares to net income of \$25.7 million and net income attributed to common stockholders of \$24.2 million for the fourth quarter of 2022. Earnings per share for the fourth quarter of 2023 was \$0.08 basic and \$0.06 diluted, compared to earnings per share of \$0.28 basic and \$0.27 diluted in the same quarter of 2022.

Time charter revenues were \$60.0 million for the fourth quarter of 2023, compared to \$75.7 million for the same quarter of 2022. The decrease in time charter revenues, compared to the same quarter of last year, was due to decreased average charter rates. This decrease was partly offset by increased ownership days that resulted from vessel acquisitions.

Net income for 2023, amounted to \$49.8 million and net income attributed to common stockholders amounted to \$44.1 million. This compares to net income of \$119.1 million and net income attributed to common stockholders of \$113.3 million, for 2022. Time charter revenues for 2023 were \$262.1 million, compared to \$290.0 million for 2022. Earnings per share was \$0.44 basic and \$0.42 diluted, compared to earnings per share of \$1.42 basic and \$1.36 diluted in 2022.

Dividend Declaration

The Company has declared a cash dividend on its common stock of \$0.075 per share, based on the Company's results of operations during the fourth quarter ended December 31, 2023. The cash dividend will be payable on or about March 12, 2024 to all shareholders of record as of March 5, 2024. The Company currently has 115,996,291 common shares issued and outstanding. As of February 16, 2024, there were 1,940,736 warrants exercised.

Sale of Capesize Dry Bulk Vessel, m/v Houston

The Company also announced that it has signed, through a separate wholly-owned subsidiary, a Memorandum of Agreement to sell to an unaffiliated third party, the 2009-built vessel "Houston", with delivery to the buyer latest by September 16, 2024, for a sale price of \$23.3 million before commissions.

Fleet Employment (As of February 23, 2024)

		SISTER SHIPS*	GROSS RATE (USD PER DAY)	COM**	CHARTERERS	DELIVERY DATE TO CHARTERERS***	REDELIVERY DATE TO OWNERS****	NOTES
					9 Ultramax Bulk Carriers			
1	DSI Phoenix	А	13,250	5.00%	ASL Bulk Marine Limited	4-Nov-22	4/Mar/2024 - 4/May/2024	
	2017 60,456							
2	DSI Pollux	А	17,000	5.00%	Delta Corp Shipping Pte. Ltd.	27-Oct-22	28-Dec-23	
	2015 60,446		14,000	4.75%	Cargill Ocean Transportation (Singapore) Pte. Ltd.	28-Dec-23	20/Aug/2025 - 20/Oct/2025	
3	DSI Pyxis	А	14,250	5.00%	ASL Bulk Marine Limited	24-Sep-23	10/Oct/2024 - 10/Dec/2024	
	2018 60,362							
4	DSI Polaris	A	13,100	5.00%	ASL Bulk Marine Limited	12-Nov-22	12/May/2024 - 12/Jul/2024	
	2018 60,404							
5	DSI Pegasus	A	14,000	5.00%	Reachy Shipping (SGP) Pte.	7-Dec-22	15/Jul/2024 - 15/Sep/2024	
	2015 60,508				Ltd.			
6	DSI Aquarius	В	14,200	5.00%	Engelhart CTP Freight (Switzerland) SA	1-Feb-23	18-Jan-24	
	2016 60,309		14,500	5.00%	Stone Shipping Ltd	18-Jan-24	1/Dec/2024 - 1/Feb/2025	
7	DSI Aquila	В	13,300	5.00%		22-Nov-22	11-Nov-23	
	2015 60,309		12,500		Western Bulk Carriers AS	11-Nov-23	10/Nov/2024 - 10/Jan/2025	
8	DSI Altair	В	13,800	5.00%	Western Bulk Carriers AS	23-Jun-23	10/Aug/2024 - 10/Oct/2024	
	2016 60,309							
9	DSI Andromeda	В	14,250	5.00%	Western Bulk Carriers AS	17-Nov-22	27-Nov-23	
	2016 60,309		13,500	5.00%	Bunge SA, Geneva	27-Nov-23	20/Feb/2025 - 20/Apr/2025	1, 2
					7 Panamax Bulk Carriers			
10	ARTEMIS		10,000	5.00%	ASL Bulk Shipping Limited	17-Jun-23	6-Oct-23	3
	2006 76,942		12,000	5.00%	Jera Global Markets Pte. Ltd.	14-Oct-23	23-Feb-24	4, 5
11	LETO		14,500	4.75%	Cargill International S.A., Geneva	29-Jan-23	1/Mar/2024 - 30/Apr/2024	
	2010 81,297							
12	SELINA 2010 75,700	С	12,000	4.75%	Cargill International S.A., Geneva	20-May-23	15/Sep/2024 - 15/Nov/2024	
13	MAERA	С	12,000	4.75%	Cargill International S.A.,	16-Dec-22	29-Jan-24	
	2013 75,403		13,750	5.00%	ST Shipping and Transport	29-Jan-24	20/Nov/2024 - 20/Jan/2025	6
14	ISMENE		12,650	5.00%	Pte. Ltd. Paralos Shipping Pte., Ltd.	13-Sep-23	15/Apr/2025 - 30/Jun/2025	
14	2013 77,901		12,000	0.0070		10 000 20	10/10/12020 00/041/2020	
15	CRYSTALIA	D	11,250	5.00%	Reachy Shipping (SGP) Pte.	6-Sep-23	29/Feb/2024 - 20/Apr/2024	
	2014 77,525		,		Ltd.	·		
16	ATALANDI	D	13,250	4.75%	Aquavita International S.A.	15-Feb-23	5/Mar/2024 - 5/May/2024	
	2014 77,529			6	Kamsarmax Bulk Carriers			
17	MAIA	E	13,500	5.00%		23-Sep-23	15/Jun/2024 - 20/Aug/2024	
.,	2009 82,193	Ľ	10,000	0.0070	Pte. Ltd.	20 000 20		
18	MYRSINI	E	15,000	5.00%	Salanc Pte. Ltd.	22-Nov-22	20/Apr/2024 - 28/Jun/2024	
	2010 82,117	-	,000	2.0070				
19	MEDUSA	E	14,250	5.00%	ASL Bulk Shipping Limited	14-May-23	10/Feb/2025 - 15/Apr/2025	
	2010 82,194							
20	MYRTO	E	12,650	5.00%	Cobelfret S.A., Luxemburg	15-Jul-23	1/Nov/2024 - 15/Jan/2025	
	2013 82,131							

	2017 208,021				Kaisha, Tokyo			
41	NEWPORT NEWS	L	20,000	5.00%	Nippon Yusen Kabushiki	20-Sep-23	10/Mar/2025 - 10/Jun/2025	
	2017 208,006	-	,000	2.0070	Singapore			
40	SAN FRANCISCO	L	22,000	5.00%	SwissMarine Pte. Ltd.,	18-Feb-23	5/Jan/2025 - 5/Mar/2025	
29	2012 206,040	IX.	28,000	5.00%	Nippon Yusen Kabushiki	12-Api-22 4-Feb-24	4-reb-24 20/Apr/2025 - 20/Jul/2025	
39	2012 206,104 PHILADELPHIA	К	26,000	5.00%	Kaisha, Tokyo C Transport Maritime Ltd.,	12-Apr-22	4-Feb-24	
38	LOS ANGELES	К	17,700	5.00%	Nippon Yusen Kabushiki	15-Jan-23	20/May/2024 - 5/Aug/2024	
	2022 102,000			4 Ne	ewcastlemax Bulk Carriers			
31	2022 182,063		25,900	5.00%	Bullye S.A., Gelleva	29-Mar-22	29/Jan/2027 - 29/May/2027	2
37	2015 180,960 FLORIDA		20,000	5.00%	Kawasaki Kisen Kaisha, Ltd. Bunge S.A., Geneva	7-Dec-23	15/Aug/2025 - 31/Oct/2025	14
36	NEW ORLEANS		32,000	5.00%	Engelhart CTP Freight	25-Mar-22	7-Dec-23	13,
	2015 179,426							
35	SANTA BARBARA	J	21,250	5.00%	Smart Gain Shipping Co.,	7-May-23	10/Oct/2024 - 10/Dec/2024	13
34	2014 179,492	J	17,000		Company Limited, Hong Kong	12-JdH-23	13/Juli/2024 - 15/Aug/2024	
34	2013 179,134 G. P. ZAFIRAKIS	J	17,000	5.00%	Solebay Shipping Cape	12-Jan-23	15/Jun/2024 - 15/Aug/2024	
33	P. S. PALIOS	I	31,000	5.00%	Classic Maritime Inc.	11-Jun-22	15/Apr/2024 - 30/Jun/2024	
	2011 179,362		17,500			1-Oct-23	15/Jul/2025 - 30/Sep/2025	
32	SEATTLE	I	26,500	5.00%	Solebay Shipping Cape Company Limited, Hong Kong	2-Mar-22	1-Oct-23	
	2010 177,773		,		Singapore	-		
31	NEW YORK	Н	16,000	5.00%	SwissMarine Pte. Ltd.,	11-Jun-23	1/Oct/2024 - 7/Dec/2024	
30	HOUSTON 2009 177,729	Н	13,000	5.00%	EGPN Bulk Carrier Co., Limited	21-Nov-22	1/Jul/2024 - 31/Aug/2024	12
	2007 177,828				Pte. Ltd.			
29	BOSTON		17,000	5.00%	ST Shipping and Transport	6-May-23	15/Jul/2024 - 15/Oct/2024	11
	2007 174,261				Company Limited, Hong Kong	5		
28	SEMIRIO	Н	14,150	5.00%	Solebay Shipping Cape	18-Aug-23	20/Nov/2024 - 30/Jan/2025	
	· ·			9	Capesize Bulk Carriers			
	2013 87,146	-	,					
27	PHAIDRA	G	12,250	4.75%	Aquavita International S.A.	9-May-23	1/Sep/2024 - 15/Nov/2024	
20	2013 87,150	0	17,000	0.00 /0	, <u> </u>	10 Apr-20	1/0411/2027 - 1/Aug/2024	
26	ELECTRA	G	14,500	5.00%	Cobelfret S.A., Luxemburg	13-Apr-23	1/Jun/2024 - 1/Aug/2024	
20	2012 98,704		10,000	0.00 /0	, <u> </u>		1/7p1/2024 01/101ay/2024	10
25	POLYMNIA	F	15,000	5.00%	Cobelfret S.A., Luxemburg	13-Jan-24 14-Jan-23	1/Apr/2024 - 31/May/2024	9 10
24	2012 98,697		14,250 15,000	5.00%	Cobelfret S.A., Luxembourg	9-Nov-22 13-Jan-24	13-Jan-24 15/Nov/2024 - 15/Jan/2025	9
24	2010 93,193 AMPHITRITE	F	14.250			0 Nov 22	12 Jon 24	
23	ALCMENE		13,000	5.00%	SwissMarine Pte. Ltd., Singapore	2-Jan-23	29/Feb/2024 - 25/Mar/2024	8
			40.000		SwigeMarine Dto 1td	0 1 00		
	2011 82,165		17,000		Shipping Company Limited	22-FeD-24	20/Aug/2025 - 20/OCI/2025	
	2011 82,165		17.000	5.00%	Geneva Ming Wah International	22-Feb-24	20/Aug/2025 - 20/Oct/2025	7
22	2013 81,513 LEONIDAS P. C.		17,000	4.75%	Cargill International S.A.,	17-Mar-23	22-Feb-24	
		ASTARTE 15,000 5.00% 2013 81,513		Reachy Shipping (SGP) Pte. 29-Apr Ltd.				

* Each dry bulk carrier is a "sister ship", or closely similar, to other dry bulk carriers that have the same letter.

** Total commission percentage paid to third parties.

*** In case of newly acquired vessel with time charter attached, this date refers to the expected/actual date of delivery of the vessel to the Company.

**** Range of redelivery dates, with the actual date of redelivery being at the Charterers' option, but subject to the terms, conditions, and exceptions of the particular charterparty.

1The fixture includes the option for redelivery of vessel east of Suez against a gross ballast bonus of US\$250,000.

2Bareboat chartered-in for a period of ten years.

3Vessel on scheduled drydocking from October 6, 2023 to October 14, 2023.

4Redelivery date based on an estimated time charter trip duration of about 131 days.

5Vessel has been sold and it is expected to be delivered to her new Owners by latest March 8, 2024.

6Charterers will compensate the Owners at a rate of 105% of the Baltic Panamax Index 5 TC average as published by the Baltic Exchange on a daily basis or the vessel's present charter party rate, whichever is higher, for the excess period commencing from December 29, 2023 until the actual redelivery date.

7Vessel off hire for 6.83 days.

8Based on latest information.

9The charter rate will be US\$12,250 per day for the first 30 days of the charter period.

10The charter rate was US\$10,000 per day for the first 30 days of the charter period.

11Vessel has been sold and delivered to her new Owners on December 6, 2023.

12Vessel has been sold and it is expected to be delivered to her new Owners by latest September 16, 2024.

13Bareboat chartered-in for a period of eight years.

14Vessel off hire for 3.65 days.

Summary of Selected Financial & Other Data (unaudited)

	Thr	ee months ended	d December 31,	Year ended December 31,			
		2023	2022	2023	2022		
STATEMENT OF INCOME DATA (in thousands of US	S Dollars)						
Time charter revenues	\$	60,016 \$	75,705 \$	262,098 \$	289,972		
Voyage expenses		3,326	2,846	13,621	6,942		
Vessel operating expenses		21,520	19,527	85,486	72,033		
Net income		9,382	25,682	49,844	119,063		
Net income attributable to common stockholders		7,940	24,240	44,075	113,294		
FLEET DATA							
Average number of vessels		40.7	38.2	41.1	35.4		
Number of vessels		40.0	42.0	40.0	42.0		
Weighted average age of vessels		10.5	10.2	10.5	10.2		
Ownership days		3,746	3,512	14,986	12,924		
Available days		3,739	3,453	14,867	12,449		
Operating days		3,727	3,393	14,824	12,306		
Fleet utilization		99.7%	98.3%	99.7%	98.9%		
AVERAGE DAILY RESULTS							
Time charter equivalent (TCE) rate (1)	\$	15,162 \$	21,100 \$	16,713 \$	22,735		
Daily vessel operating expenses (2)	\$	5,745 \$	5,560 \$	5,704 \$	5,574		

Non-GAAP Measures

- (1) Time charter equivalent rates, or TCE rates, are defined as our time charter revenues less voyage expenses during a period divided by the number of available days during the period, which is consistent with industry standards. Voyage expenses include port charges, bunker (fuel) expenses or gain, canal charges and commissions. TCE is a non-GAAP measure. TCE rate is a standard shipping industry performance measure used primarily to compare daily earnings generated by vessels on time charters with daily earnings generated by vessels on voyage charters, because charter hire rates for vessels on voyage charters are generally not expressed in per day amounts while charter hire rates for vessels on time charters are generally expressed in such amounts.
- (2) Daily vessel operating expenses, which include crew wages and related costs, the cost of insurance, expenses relating to repairs and maintenance, the costs of spares and consumable stores, tonnage taxes and other miscellaneous expenses, are calculated by dividing vessel operating expenses by ownership days for the relevant period.

Conference Call and Webcast Information

The Company's management will conduct a conference call and simultaneous Internet webcast to review these results at 9:00 A.M. (Eastern Time) on Friday, February 23, 2024.

Investors may access the webcast by visiting the Company's website at www.dianashippinginc.com, and clicking on the webcast link. An accompanying investor presentation also will be available via the webcast link and on the Company's website. The conference call also may be accessed by telephone by dialing 1-877-407-8291 (for U.S.-based callers) or 1-201-689-8345 (for international callers) and asking the operator for the Diana Shipping Inc. conference call.

A replay of the webcast will be available soon after the completion of the call and will be accessible for 30 days on www.dianashippinginc.com. A telephone replay also will be available for 30 days by dialing 1-877-660-6853 (for U.S.-based callers) or 1-201-612-7415 (for international callers) and providing the Replay ID number 13744214.

About the Company

Diana Shipping Inc. is a global provider of shipping transportation services through its ownership and bareboat charter-in of dry bulk vessels. The Company's vessels are employed primarily on short to medium-term time charters and transport a range of dry bulk cargoes, including such commodities as iron ore, coal, grain and other materials along worldwide shipping routes.

Cautionary Statement Regarding Forward-Looking Statements

Matters discussed in this press release may constitute forward-looking statements. The Private Securities Litigation Reform Act of 1995 provides safe harbor protections for forward-looking statements in order to encourage companies to provide prospective information about their business. Forward-looking statements include statements concerning plans, objectives, goals, strategies, future events or performance, and underlying assumptions and other statements, which are other than statements of historical facts.

The Company desires to take advantage of the safe harbor provisions of the Private Securities Litigation Reform Act of 1995 and is including this cautionary statement in connection with this safe harbor legislation. The words "believe," "anticipate," "intends," "estimate," "forecast," "project," "plan," "potential," "may," "should," "expect," "pending" and similar expressions identify forward-looking statements.

The forward-looking statements in this press release are based upon various assumptions, many of which are based, in turn, upon further assumptions, including without limitation, Company management's examination of historical operating trends, data contained in the Company's records and other data available from third parties. Although the Company believes that these assumptions were reasonable when made, because these assumptions are inherently subject to significant uncertainties and contingencies that are difficult or impossible to predict and are beyond the Company's control, the Company cannot assure you that it will achieve or accomplish these expectations, beliefs or projections.

In addition to these important factors, other important factors that, in the Company's view, could cause actual results to differ materially from those discussed in the forward-looking statements include the continuing impacts of the COVID-19 pandemic; the strength of world economies and currencies, general market conditions, including fluctuations in charter rates and vessel values, changes in demand for dry bulk shipping capacity, changes in the Company's operating expenses, including bunker prices, drydocking and insurance costs, the market for the Company's vessels, availability of financing and refinancing, changes in governmental rules and regulations or actions taken by regulatory authorities, potential liability from pending or future litigation, general domestic and international political conditions, including risks associated with the continuing conflict between Russia and Ukraine and related sanctions, potential disruption of shipping routes due to accidents or political events, including the escalation of the conflict in the Middle East, vessel breakdowns and instances of off-hires and other factors. Please see the Company's filings with the U.S. Securities and Exchange Commission for a more complete discussion of these and other risks and uncertainties. The Company undertakes no obligation to revise or update any forward-looking statement, or to make any other forward-looking statements, whether as a result of new information, future events or otherwise.

(See financial tables attached)

DIANA SHIPPING INC. FINANCIAL TABLES

Expressed in thousands of U.S. Dollars, except share and per share data

UNAUDITED CONSOLIDATED STATEMENTS OF INCOME AND COMPREHENSIVE INCOME

	Г	Three months er			Year ended Dec		cember 31,		
		2023		2022		2023		2022	
REVENUES:	•	00.040	•	75 705	•	000.000	•	000 070	
Time charter revenues	\$	60,016	\$	75,705	\$	262,098	\$	289,972	
OPERATING EXPENSES									
Voyage expenses		3,326		2,846		13,621		6,942	
Vessel operating expenses		21,520		19,527		85,486		72,033	
Depreciation and amortization of deferred charges		11,508		12,228		49,785		43,326	
General and administrative expenses		8,364		7,407		32,968		29,367	
Management fees to a related party		333		61		1,313		511	
Gain on sale of vessels		(329)		(9)		(5,323)		(2,850)	
Insurance recoveries		-		-		-		(1,789)	
Other operating (income)/loss		(572)		209		(1,464)		(265)	
Operating income, total	\$	15,866	\$	33,436	\$	85,712	\$ 	142,697	
OTHER INCOME / (EXPENSES):									
Interest expense and finance costs		(12,649)		(9,795)		(49,331)		(27,419)	
Interest and other income		2,129		1,484		8,170		2,737	
Loss on derivative instruments		(592)		-		(439)		-	
Loss on extinguishment of debt		-		(222)		(748)		(435)	
Gain on deconsolidation of subsidiary		-		-		844		-	
Gain on related party investments		740		589		1,502		589	
Unrealized gain on equity investments		2,813		-		2,813		-	
Gain on warrants		1,583		-		1,583		-	
Gain/(loss) from equity method investments		(508)		190		(262)		894	
Total other expenses, net	\$	(6,484)	\$	(7,754)	\$	(35,868)	\$	(23,634)	
Net income	\$	9,382	\$	25,682	\$	49,844	\$	119,063	
Dividends on series B preferred shares		(1,442)		(1,442)		(5,769)		(5,769)	
Net income attributable to common stockholders		7,940		24,240		44,075		113,294	
Earnings per common share, basic	\$	0.08	\$	0.28	\$	0.44	\$	1.42	
Earnings per common share, diluted	\$	0.06	\$	0.27	\$	0.42	\$	1.36	
Weighted average number of common shares outstanding, basic		102,910,653		87,076,947		100,166,629	_	80,061,040	
Weighted average number of common shares outstanding, diluted	_	105,488,012		90,474,943		101,877,142		83,318,901	

		Three months e	ed December 31,	Year ended December 31,					
	2023			2022		2023		2022	
Net Income Other comprehensive income (Defined benefit plan)	\$	9,382 55	\$	25,682 181	\$	49,844 55	\$	119,063 182	
Comprehensive Income	\$	9,437	\$	25,863	\$	49,899	\$	119,245	

CONDENSED CONSOLIDATED BALANCE SHEET DATA

(in thousands of U.S. Dollars)

	 2023	2022 *
ASSETS	(unaudited)	
Cash, cash equivalents, restricted cash and time deposits	\$ 161,592** \$	143,928**
Investments in equity securities	20,729	-
Other current assets	19,900	17,636
Fixed assets	924,474	996,702
Investments in related parties and equity method investments	24,087	8,250
Other noncurrent assets	 15,628	16,403
Total assets	\$ 1,166,410 \$	1,182,919
LIABILITIES AND STOCKHOLDERS' EQUITY		
Long-term debt and finance liabilities, net of deferred financing costs	\$ 642,772 \$	663,442
Other liabilities	34,617	32,149
Total stockholders' equity	 489,021	487,328
Total liabilities and stockholders' equity	\$ 1,166,410 \$	1,182,919

* The balance sheet data have been derived from the audited consolidated financial statements at that date.

** Includes time deposits of \$40 million and \$46.5 million as of December 31, 2023 and 2022, respectively

OTHER FINANCIAL DATA (unaudited)

	Т	Three months ended I	December 31,	For the years ended December 31,			
		2023 2022		2023		2022	
Net cash provided by/(used in) operating activities	\$	(2,235) \$	34,745 \$	70,380	\$	158,859	
Net cash provided by/(used in) investing activities		31,037	(218,718)	24,929		(273,097)	
Net cash provided by/(used in) financing activities	\$	(16,762) \$	151,726 \$	(71,145)	\$	84,878	