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DIANA SHIPPING INC. ANNOUNCES TIME CHARTER AGREEMENT WITH AUSTRALIAN WHEAT BOARD

ATHENS, GREECE April 25, 2006 – Diana Shipping Inc. (NYSE: DSX), a global shipping company specializing in the transportation of dry bulk cargoes, today announced that it has entered into a time charter contract with the Australian Wheat Board (Geneva) S.A. ("AWB") for one of its Panamax dry bulk carriers, the Nirefs, at a rate of 4.5% per day above the average rate of four pre-determined time-charter routes as published by the Baltic Exchange for a period of 18-21 months. The charter commenced on April 23, 2006.

The initial charter payment was made on delivery of the vessel to AWB based on the average of four pre-determined time charter routes for the 15 days preceding the vessel's delivery date.

The Chairman and Chief Executive Officer of Diana Shipping, Simeon Palios, commented: "We are very pleased to have arranged this time charter with the Australian Wheat Board. This contract is proof of our continued commitment to secure employment for our vessels with the most reputable and reliable time charterers in our industry. This transaction will further strengthen our Company's ties with one of the best charterers, which we believe will place our vessels in a strong position when seeking future vessel employment."

The Nirefs is a 75,311 dwt Panamax dry bulk carrier built in 2001.

About the Company

Diana Shipping Inc. is a global provider of shipping transportation services. The Company specializes in transporting dry bulk cargoes, including such commodities as iron ore, coal, grain and other materials along worldwide shipping routes. Diana Shipping Inc. priced its initial public offering of common stock on March 17, 2005.

Cautionary Statement Regarding Forward-Looking Statements

Matters discussed in this press release may constitute forward-looking statements. The Private Securities Litigation Reform Act of 1995 provides safe harbor protections

for forward-looking statements in order to encourage companies to provide prospective information about their business. Forward-looking statements include statements concerning plans, objectives, goals, strategies, future events or performance, and underlying assumptions and other statements, which are other than statements of historical facts.

The Company desires to take advantage of the safe harbor provisions of the Private Securities Litigation Reform Act of 1995 and is including this cautionary statement in connection with this safe harbor legislation. The words "believe," "except," "anticipate," "intends," "estimate," "forecast," "project," "plan," "potential," "will," "may," "should," "expect" "pending and similar expressions identify forward-looking statements.

The forward-looking statements in this press release are based upon various assumptions, many of which are based, in turn, upon further assumptions, including without limitation, our management's examination of historical operating trends, data contained in our records and other data available from third parties. Although we believe that these assumptions were reasonable when made, because these assumptions are inherently subject to significant uncertainties and contingencies which are difficult or impossible to predict and are beyond our control, we cannot assure you that we will achieve or accomplish these expectations, beliefs or projections.

In addition to these important factors other important factors that, in our view, could cause actual results to differ materially from those discussed in the forward-looking statements include the strength of world economies and currencies, general market conditions, including fluctuations in charter rates and vessel values, changes in demand for dry bulk shipping capacity, changes in our operating expenses, including bunker prices, drydocking and insurance costs, the market for our vessels, availability of financing and refinancing, changes in governmental rules and regulations or actions taken by regulatory authorities, potential liability from pending or future litigation, general domestic and international political conditions, potential disruption of shipping routes due to accidents or political events, vessels breakdowns and instances of off-hires and other factors. Please see our filings with the Securities and Exchange Commission for a more complete discussion of these and other risks and uncertainties.